

FLUSHING

Flushing may have multiple causes. It is most often due to an increased sensitivity of your blood vessels to substances produced by your body. It may be aggravated by various substances found in certain foods or certain medications. Even if flushing is aggravated by some of these factors, if it is serious and unremitting, blood and urine tests will be performed to be certain there is no underlying treatable illness causing the flushing.

Please circle any item if you have noticed any association with flushing.

Foods

Coffee	Tea	Mushrooms
Cheese	Chocolate	Spicy foods, especially red chili peppers

If you have alcohol-associated flushing, are you exposed to any of the following industrial solvents? (Circle if yes)

Trichloroethylene, N,N-dimethylformamide, N-butylaldehyde

If you have alcohol-associated flushing, do you use or eat any of the following? (Circle if yes)

Disulfiram (Anabuse)	Metronidazole (Flagyl)	Chlorpromazine (Diabinese)
Griseofulvin	Calcium carbimide	Mushrooms
Cephalosporin antibiotics		
Cephalexin (Keflex)		
Cephadrine (Anspor, Velocef)		
Cefadroxil (Duricef, Ultracef)		
Cefaclor (Ceclor)		
Cefuroxime axetil (Ceftin)		

Circle if you have noted an association with:

Frankfurters, bacon, salami, ham (nitrites)
Fresh fruits and vegetables, especially in restaurant salad bars (sulfites)
Monosodium glutamate seasoning often used in Chinese cooking ("Accent")

Medications (circle any you use)

Nitroglycerin (Minipress)	Hydralazine (Apresoline)	Minoxidil (Loniten)	Prazosin
Terazosin (Hytrin)	Nifedipine (Procardia)	Verapamil (Calan)	Diltiazem
Nicardipine (Cardene)	Theophylline	Flecainide (Tambacor)	Quinidine
Nicotinic acid (sometimes in vitamin complex pills)		Cyclosporine (Sandimmune)	
Bromocriptine in Parkinson's Disease		Morphine	

Other

Have you had a spinal cord injury or disease?	No	Yes
Do you have a weakness or numbness of arms or legs?	No	Yes
Have you injured your parotid gland or jaw?	No	Yes
Have you had stomach surgery?	No	Yes

Circle if you have:

High blood pressure	Severe headaches	Nausea	Vomiting
Chest pain	Abdominal pain	Profuse sweating	Diarrhea
Wheezing	Bloody or black tarry stools	Abnormal heart rhythm	